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The Rail Park opens this week. 18-19

'TRUMP'S AMERICA'

Did Trump botch the G7? 11

Sixers attention now turns to draft, free agency. 26

National Suicide Prevention LIFELINE

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Last week's high-profile deaths of Kate Spade and Anthony Bourdain made suicide the latest national health issue. But with 45,000 Americans taking their lives in 2016, suicide is on its way to becoming the nation's next health crisis. 4-5

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5 THINGS TO KNOW

WELCOME TO METRO PHILLY

JENNIFER LOGUE, FEATURES EDITOR

After five years of waiting, Phase 1 of The Rail Park is ready to be unveiled to the public. On Thursday there will be a ribbon-cutting ceremony, and the whole Callowhill neighborhood is getting in on the celebration. From drink specials to pet adoptions to the decadent Rail Pork Panino, check out our top ways to celebrate the opening of The Rail Park. Read more on pages 18-19 or at **metro.us.**

AMAZON CRITICIZED OVER CHINA LABOR CONDITIONS

1 A U.S. watchdog group criticized Amazon.com Inc. and contract manufacturer Foxconn over what it described as harsh working conditions at a plant in China that makes the retail giant's Echo Dot smart speaker and Kindle e-reader. The 94-page report by New York-based China Labor Watch cited excessive hours, low wages, inadequate training and an overreliance on "dispatch" or temporary workers in violation of Chinese law at the Hengyang Foxconn plant in Hunan province. Taiwan-based Foxconn, known formally as Hon Hai Precision Industry Co Ltd., is the world's largest contract electronics manufacturer and employs more than a million people. Foxconn, which also makes Apple Inc. iPhones, came under fire in 2010 for a spate of suicides at plants in China. Foxconn pledged to improve working conditions. China Labor Watch said its nine-month investigation found that about 40 percent of workers at the plant were dispatch workers, far exceeding the 10 percent limit under Chinese law.

NADAL CLAIMS 11TH FRENCH TITLE

2 Rafael Nadal proved untouchable once again on Sunday, winning his 11th French Open title in Paris in three sets over Austria's Dominic Thiem. The 32-year-old Spaniard's latest victory matched Margaret Court's record of 11 titles at a single major tournament. Nadal, whose dominance on clay courts like at the French Open has earned him the nickname the King of Clay, said he could not even dream of accomplishing such a feat. "It was a very special moment to receive that minute or two minutes of the crowd supporting me. That feeling, in that moment was difficult to describe but very emotional for me." Despite the win in straight sets, Thiem gave Nadal a fight. Their first set lasted an hour with numerous rallies. Nadal also needed his left forearm massaged after suffering from a cramp. He said he felt like he could not move his hand, nor his fingers. Thiem, who was playing in his first Grand Slam final, praised his opponent but said he'd be back. "There is a reason why he won 11 times here. It's definitely one of the best things somebody ever achieved in sports," Thiem said.

BROADWAY ROCKS THE RED CARPET AT SUNDAY'S TONY AWARDS

3 Actress Kerry Washington poses on the red carpet prior to Sunday's Tony Awards at New York City's Radio City Music Hall. Among ther early winners was Lindsay Mendez, who won Best Featured Actress in a Musical award for her performance in "Carousel." Singer Bruce Springsteen was also honored with a special award.

GETTY IMAGES

MEXICO LEFTIST'S PITCH: GROWTH, NOT WALLS

4 The politician leading the race to be Mexico's next leader said on Sunday he wants to broker a deal with President Donald Trump to stem illegal immigration through jobs and development rather than a border wall. Andres Manuel Lopez Obrador, the favorite to win Mexico's July 1 presidential election, said he hoped to craft a deal with Trump similar to the "Alliance for Progress," an aid plan launched in 1961 by then-president John F. Kennedy to help Latin America. "Our dream, which we'll achieve regardless of whether Trump accepts or not, is that the Mexican can work and be happy where he was born," Lopez Obrador said during a campaign event in the southern border city of Tapachula. Aides to Lopez Obrador, a leftist former mayor of Mexico City, say he thinks he can find common ground with Trump over migration, which has fueled tensions between the two countries. For months the Mexican candidate has been working on his plan to improve wages and create better conditions for Mexican workers.

COLO. WILDFIRE GROWS, THOUSANDS EVACUATED

5 A largely unchecked Colorado wildfire nearly doubled in size from Saturday to Sunday, prompting a fresh round of evacuations, with the blaze expected to grow in size as it is fueled by bone-dry conditions and pushed by gusting winds, officials said. The so-called 416 Fire in southwest Colorado had burned nearly 17,000 acres by Sunday afternoon, an area larger than Manhattan. More than 800 firefighters were battling the blaze located north of Durango, which was 10 percent contained, the Rocky Mountain Incident Management Team said. The fire had burned about 9,000 acres by early on Saturday, according to an aerial survey. A mandatory evacuation order was issued on Sunday for 859 residences, bringing the total number of homes under evacuation to about 2,000, La Plata County, Colorado, spokeswoman Megan Graham said. Law enforcement officials were going door to door and residents have been warned to leave via calls to their phones, text message and emails, Graham said. Low humidity and high winds have left firefighters bracing for the fire to spread, and the weather was expected to be dry and windy on Sunday.

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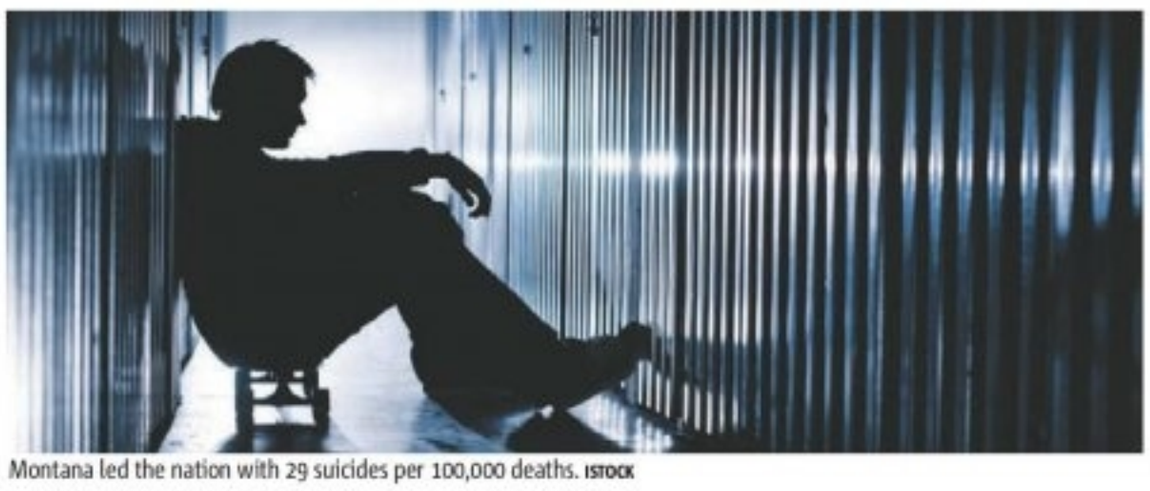
NEWS

Suicide rates are way up in the US, prompting alarm and calls for action

The search for better suicide prevention techniques is more urgent than ever, with suicides up 25 percent in the United States since 2000.

SAM NEWHOUSE
sam.newhouse@metro.us



Montana led the nation with 29 suicides per 100,000 deaths. ISTOCK

With recent high-profile suicides in the news, if it seems like self-harm is on the rise in America, you may be right. Suicides are up 25 percent since the year 2000 across the country, including 45,000 in 2016 alone, according to a new Centers for Disease Control study.

A potential "suicide contagion" of copycat suicides was feared after the two recent high-profile suicides. Kate Spade, 45, who rose to fame in the '90s for her handbags, was found dead of suicide in her New York City apartment on June 5. Then celebrity food show TV host, Anthony Bourdain, 61, took his own life on June 8 in Strasbourg, France.

"With recent high-profile deaths by suicide, this is a time to stand together and resolve to do more," said Dr. Christine Moutier, chief medical officer of the American Foundation for Suicide Prevention, in a statement after Bourdain's and Spade's suicides. "Suicide affects all of us — we all face challenges and have mental health to manage. We are working diligently to prevent suicide. The need for more research and a greater national investment in suicide prevention is clearer than ever."

Mental health issues are often cited as a cause of suicide. The CDC found 54 percent of the U.S. residents who kill themselves are not diagnosed with mental illnesses, but not all mental illnesses are reported or diagnosed.

But that doesn't tell the whole story.

"There is never a single cause for suicide. Suicide is the result of many factors that come together such as an underlying mental health condition, life stressors, and access to lethal means," said the American Foundation for Suicide Prevention. "We must do more to prevent such tragic deaths through greater awareness of mental health, common risks and warning signs, and effective interventions and treatments."

Montana had 29 suicides per 100,000 deaths over the two-year period studied, the highest in the nation, according to the CDC study. Overall, the national average in the U.S. is 13 suicides per 100,000 deaths in 2016. From 1999 to 2016, suicide rates rose in 49 of 50 states, in half of the states rising by more than 30 percent.

Suicide is now the second-leading cause of death in the U.S. for people aged 15-34, the study found. Every 13 minutes, someone commits suicide in this country.

Taken into consideration along with the opioid crisis, suicide is a serious problem, one that some scientists say requires a national response. A "National Resilience Strategy" has been proposed by John Auerbach, president of Trust for America's Health, and Benjamin Miller, chief strategy officer of Well Being Trust.

"The United States is facing a triple set of epidemics — more than one million Americans have died from drug overdoses, alcohol, and suicides between 2006 and 2015," they write, adding that suicide would best be addressed by "emphasizing a cultural shift to focus on identifying and providing targeted prevention strategies to high-risk individuals and groups."

13
Overall, the national average in the U.S. is 13 suicides per 100,000 deaths.

Others want new technologies to be used to predict who is at most risk for suicide and target them with support. Kaiser Permanente's models for suicide risk tested extremely successfully, by combining an electronic review of a patient's medical records for 90 days with a depression questionnaire, the health care company's research scientists said.

The recent deaths of Spade and Bourdain brought the subject of suicide to the forefront of national discourse. Celebrity suicides often spark fears of a suicide contagion, or rash of copycat suicides, like in 2017, when the death of Soundgarden's Chris Cornell was quickly followed by that of Linkin Park's Chester Bennington.

The most well-known suicide contagion came after grunge star Kurt Cobain killed himself with a shotgun at age 27 in 1994. The news was followed by reports of copycat suicides around the country by Cobain's biggest fans. In 1997, two French girls, Aurelie, 13, and Valentine, 12, killed themselves with their father's .22-caliber rifle, inspired by Cobain. Friends said the girls were obsessed with Nirvana and secretly planned to reenact Cobain's suicide for months.

SUICIDE STATS BY THE NUMBERS

Causes of suicide can vary widely, but in 2015, general causes in the U.S. broke down as follows:

Relationship problems – 48%

Crisis in past or upcoming two weeks – 29%

Problematic substance use – 28%

Job/financial problem – 16%

Physical health problem – 22%

Criminal legal problem – 9%

Source: CDC

HOW TO GET HELP

Anyone with thoughts of harming or killing themselves is urged to call the National Suicide Prevention Lifeline Talk at 1-800-273-TALK (8255), visit suicidepreventionlifeline.org or text "START" to 741741.

Veterans and their loved ones can call 1-800-273-8255 and press 1, or send a text to 838255 to get support.

Celebrities react to the death of Anthony Bourdain

Friends and fans of celebrity chef, author and television star Anthony Bourdain were shocked to learn of the "Parts Unknown" host's death on Friday, and many of his admirers and colleagues expressed their grief and paid tribute to the late icon on social media.

Bourdain, 61, was found dead from an apparent suicide in a French hotel room.

Culinary stars such as Andrew Zimmern and Gordon Ramsay, along with many of Bourdain's coworkers at CNN, shared their thoughts on his passing and memories of the star via Twitter on Friday. President Barack Obama, who once appeared in an episode of "Parts Unknown," tweeted out his condolences as well.

GETTY IMAGES

MATT JUUL

TWEETS

@BarackObama
"Low plastic stool, cheap but delicious noodles, cold Hanoi beer." This is how I'll remember Tony. He taught us about food — but more importantly, about its ability to bring us together. To make us a little less afraid of the unknown. We'll miss him.

@GordonRamsay
Stunned and saddened by the loss of Anthony Bourdain. He brought the world into our homes and inspired so many people to explore cultures and cities through their food. Remember that help is a phone call away US:1-800-273-TALK UK: 116 123

GETTY IMAGES

@RyanSeacrest
We have lost one of the greatest storytellers in the world Anthony Bourdain. He took us around the world sharing food culture and mostly the connection between people. He will be missed.

Philly food industry reacts to Anthony Bourdain's death

From left: Anthony Bourdain, John Martin Taylor, Terry McNally, Chef Dennis Heslin and others dining at the Blue Angel in 1999. PROVIDED BY TERRY MCNALLY

The loss of such a larger-than-life figure such as beloved chef, travel host and author Anthony Bourdain has sent shockwaves through the food world and beyond. Bourdain inspired millions of people to be curious, passionate and explore the world around them.

For food-industry professionals in Philadelphia, the loss of Bourdain hits especially hard.

Chef Kevin Sbraga remembers cooking for Bourdain as a contestant on "Top Chef."

"I was lucky enough to cook for Anthony Bourdain on an episode of 'Top Chef' back in 2010," he says. "He had a reputation for speaking his mind, and that was no different with his comments on my food.

"That signature trademark of his will be missed by myself and many others."
Chef Kevin Sbraga

That signature trademark of his will be missed by myself and many others. My thoughts and prayers go out to his family, his friends, and especially chef Eric Ripert."

The James Beard-nominated chef of Fork, Eli Kulp, said reading "Kitchen Confidential" gave him the courage to move to New York City to pursue cooking.

"It's very sad and shocking. He had such an enviable life from the outside perspective, but yet the darkness prevailed. I would say this. If my brother never bought me 'Kitchen Confidential' to read back in 2001, I would've never had the courage to move to New York City to pursue my cooking career," Kulp said. "His writing convinced me to pick up my belongings in Seattle and move across the country to start a new life in food. Tony always had a sense of accessibility to him. I remember sitting down with him after they filmed an episode of 'No Reservations' at Torrisi in NYC, and it just seemed like every word that he spoke was so profound."

Kulp added, "Whether or not we selfishly want more of him, he lived life on his terms. All the way till the end."

Kelsey Bush, chef-partner of Green Engine, says that Bourdain had a talent for putting words to feelings as well as food.

"I know so many friendships, marriages and families who are centered around Anthony Bourdain and his career. Vacation destinations have been picked solely because he said it was a place everyone needed to experience in their life," Bush says. "He paved the way for young chefs with the mentality that cooking is life, especially after writing about his time at the Culinary Institute of America. He put the school on the map for everyone to understand the food world. He was able to put words to feelings a chef has only ever been able to express through food. Lastly, he made it cool to cook and be who you are without excuses and we truly lost someone special."

Chloe Grigi, general manager of The Good King Tavern, calls him a legend who never lost his grit.

"We all lost a legend this morning. He was a giant in this industry. I think for the first time in American history, he shed light on the inherent significance of food and drink — of its capacity to bring people together, to understand one another more fully," Grigi says. "Despite his rise to fame, he never lost that deep-rooted grit of which we all have to call upon in this business. There is a quote of his I love: 'Meals make the society, hold the fabric together in lots of ways that were charming and interesting and intoxicating to me. The perfect meal, or the best meals, occur in a context that frequently has very little to do with the food itself.'" JENNIFER LOGUE

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A giraffe at the Philly Zoo looks eagerly at his next bag of "browse," branches and leaves trimmed around the region. COURTESY OF PECO

PECO's plant clippings make tasty snacks for zoo animals

The Philadelphia Zoo's animals are now getting recycled branches and leaves from PECO to snack on.

SAM NEWHOUSE
sam.newhouse@metro.us

The 1,300-plus animal inhabitants of the Philadelphia Zoo eat a lot. But now some 300 pounds a week of their food will be fresh clippings from around Philadelphia that have recently been trimmed away from power lines by PECO. As part of a Zoo-PECO sustainability partnership called "browse," branches and leaves are being provided to feed some 40 species of animals out of the zoo's 330 species on-site.

"The trimmings will serve as a portion of the animal's daily dietary selection, and offer substantial nutrients and a variation to their normal food options," PECO said in an announcement of the program. "Incorporating browse into animals' diets provides additional nutritional value including fiber, protein, fat, vitamins and minerals."

The creatures that will be now be getting weekly deliveries of plant matter to chomp on include 1,750-pound giraffes, gazelles, kangaroos, tortoises and many of the Zoo's primate species, including gorillas, and even the eight-ounce degu, who resides in the Small Mammal House.

Philadelphia suffered severe power outages over the winter when heavy storms knocked down power lines, leading PECO to launch a "preventive tree trimming program."

The program is not just sustainable and organic, it's also beneficial for the animals.

"Browse allows the Zoo to offer foods that are more consistent with what animals would likely consume in the wild, which encourages natural behavior and provides organic enrichment as both mammals and reptiles eat the leaves, play with sticks, or peel bark off branches," PECO said. "Zoo animals experience healthier teeth and digestive tracts, improved cognitive function, increased activity levels, and enhanced overall well-being, as a result."

Vegetation growth causes an estimated one-third of power outages in the Philly region.

300

Today some 300 pounds a week of Philly Zoo animals' food will be fresh clippings from around the city that have recently been trimmed away from power lines by PECO.

"When trees and branches come in contact with overhead power lines, they can cause extended outages," PECO President and CEO Mike Innocenzo said in a statement. "Now, we are not only providing a benefit to our customers, we are also creating a positive impact for the animals at one of the region's most premier attractions."

The browse program was also held in 2017. The clippings are performed by the Asplundh Tree Expert Company, which delivers the browse weekly. The Philly Zoo also provides browse to its animals from other sources, including clippings on its own grounds near 34th and Girard and from a farm in Florida.

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The Boardwalk, the beaches, the CRDA and you

How the Casino Reinvestment Development Authority works toward guiding your summer.

A.D. AMOROSI
letters@metro.us

You can talk about Atlantic City in terms of erecting casinos Hard Rock and Ocean Resort or opening hot spots such as the Anchor Rock Club. And you will. But, for all the building and confidence in the new AC, something not to be ignored is this shore town's given — its gorgeous amenities.

Although the ocean is ancient and the boardwalk is aged (first built in the 1880s, the structure existing now was redone in 1970), utilizing its beauty in the casino-era has only recently affected the shore seasons there, with everything from beach concerts with top-tier names to food and wine festivals with famed chefs, to events along the boards featuring Broadway shows and food truck parties.

And so far, nobody on the Atlantic City beach has punched anyone in the face like in Wildwood.

The Casino Reinvestment Development Authority (CRDA) is responsible for all of the above The state governmental agency was founded in 1984 after New Jersey citizens approved a constitutional amendment in 1976 allowing the legislature to authorize casino gambling in Atlantic City. Its principle fiduciary responsibility is directing the spending of casino reinvestment funds in public and private projects to benefit AC and other New Jersey state areas.

An early example of its financial outlay is that, between 1985 and 2008, CRDA spent $1.5 billion on projects in Atlantic City and $300 million throughout New Jersey. But, there's more to CRDA than money that drives AC's social engine.

COURTESY OF CRDA

"We own and operate Atlantic City Convention Center, Boardwalk Hall, and are in charge of maintaining and promoting the land use of the Atlantic City's tourist district — which includes all the property where the casinos are housed," said CRDA Chief of Staff Marshall Spevak, a man whose job title changes to deputy executive on July 1. "On top of all that, we are tasked with economic development in AC, working with existing projects and new partners such as Stockton University and its campus being built along the Boardwalk, and finding new partners for Boardwalk and beach events."

Those events and partnerships that CRDA get behind run the gamut from nationally known concert promoters to bourgeoning enterprising culinary showrunners. The CRDA doesn't only plan spring and summer events, but concerts must accommodate what Spevak estimates is "40,000 to 50,000 people on a beach." It's obvious CRDA would choose a company such as Live Nation to help manage. "We base our decisions on costs and capacity, and they're one of the few companies that could put on a show for a crowd of that size," claimed Spevak, who has been throwing AC Beach concerts with Live Nation since 2014.

THE NUMBERS

According to CRDA lore, as part of the original Casino Control Act enacted in 1977, each casino licensee was required to reinvest 2 percent of its gross gaming revenue. In 1984, the state legislature established the CRDA, which developed guidelines describing a casino licensee's investment obligations consistent with the intent of the original statute.

The 1984 law gives each casino a choice: pay 2.5 percent of its gaming revenue to New Jersey or reinvest 1.25 percent of its gaming revenue through the CRDA in community and economic development projects in AC and around the state. "CRDA is unique in that we are a state authority – the only organization like this in the country – operating on a variety of different funding mechanisms," said CRDA's Marshall Spevak.

"We don't receive money from the state, but rather, get money from the luxury tax in Atlantic City, and parking fees and hotel room tax and such." Just to insure fairness and accuracy, the CRDA's 17 members include six members of the public appointed by the governor and two casino representatives/members of the casino gaming industry at all times.

"The Investment Alternative Tax that casinos chose to pay in lieu of percentage of gross gaming revenue is also held for projects the casinos want to do that are non-gaming additions to their properties," added Spevak, who pointed to Resorts Casino's Margaritaville Beach Bar in partnership with Jimmy Buffett, as examples of non-gaming entities that CRDA is interested in when it comes to the casinos.

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Canadian Prime Minister Justin Trudeau was accused of "betraying" the president with "polarizing statements." GETTY IMAGES

US-Canada spat escalates, Europeans criticize Trump's G7 move

Trump's advisers hammered the Canadian PM on Sunday's talk shows.

The United States and Canada swung sharply toward a diplomatic and trade crisis on Sunday as top White House advisers lashed out at Canadian Prime Minister Justin Trudeau a day after U.S. President Trump called him "very dishonest and weak."

The spat drew in Germany and France, who sharply criticized Trump's decision to abruptly withdraw his support for a Group of Seven communique hammered out at a Canadian summit on Saturday, accusing him of destroying trust and acting inconsistently.

Canadian Foreign Minister Chrystia Freeland responded to the White House comments by saying that Canada will retaliate to U.S. tariffs in a measured and reciprocal way and that Canada will always be willing to talk.

"Canada does not conduct its diplomacy through ad hominem attacks ... and we refrain particularly from ad hominem attacks when it comes from a close ally," Freeland told reporters in Quebec City on Sunday.

White House economic adviser Larry Kudlow accused Trudeau of betraying Trump with "polarizing" statements on trade policy that risked making the U.S. leader look weak ahead of a summit with North Korean leader Kim Jong Un.

Hours after Trump withdrew his support for the joint statement and attacked Trudeau, Kudlow and trade adviser Peter Navarro drove the message home on Sunday morning news shows in an extraordinary assault on a close U.S. ally and neighbor.

"[Trudeau] really kind of stabbed us in the back," Kudlow, the director of the National Economic Council who had accompanied Trump to the summit of wealthy nations on Saturday, said on CNN's "State of the Union."

Navarro told "Fox News Sunday": "There is a special place in hell for any leader that engages in bad faith diplomacy with President Donald J. Trump and then tries to stab him in the back on the way out the door and that's what bad-faith Justin Trudeau did with that stunt press conference, that's what weak dishonest Justin Trudeau did."

"There is a special place in hell for any leader that engages in bad faith diplomacy with President Donald J. Trump and then tries to stab him in the back on the way out the door."

Trade adviser Peter Navarro

Trump has infuriated the European Union, Canada and Mexico by imposing tariffs on steel and aluminum imports.

Trudeau, in Quebec City for bilateral meetings with non-G7 leaders after the summit, did not respond to reporter questions as he arrived.

In an earlier news conference, Trudeau had spoken of retaliatory measures that Canada would take next month in response to Trump's decision to slap tariffs on steel and aluminum imports.

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TO BE DIPLOMATIC ABOUT IT, THAT STUNK!

The president prepared for his historic summit with North Korea by straining the United States' relationship with its greatest ally. GETTY IMAGES

Too bad international diplomacy isn't as simple as signing a presidential pardon. If that were true, Donald Trump could be hailed in Singapore today as the 21st century's Dag Hammarskjöld. "The Art of the Deal" might even be taken off the fiction shelf.

In signing pardons, Trump has finally identified the presidential duty he was born for. No rules. No limits. No pesky court rulings or Congressional oversight. And no ungrateful allies like that sniveling Trudeau kid or turncoat former bestie Emmanuel Macron, making the U.S. president look like a world-stage amateur and letting Little Rocket Man seem sane by comparison.

Sorry, Nobel! No prizes around here!

Looking back in history, it's hard to find another summit botched as badly as Trump just botched Quebec City, where he turned the G7 into the gee-I-have-no-idea-what-I'm-doing-here. When Trump decided to impose heavy tariffs on aluminum and steel from Canada, Mexico and the European Union, he enflamed our closest allies. Canada's Justin Trudeau called the move "kind of insulting" and threatened his own revenge tariffs, saying his country will not be "pushed around."

Trump reacted on the Twitter machine, as he usually does, slamming Trudeau's "false statement" and calling the young Canadian "very dishonest & weak." Trump's trade adviser, Peter Navarro, reserved a "special place in hell" for weaklings like Justin who dare confront the great and powerful American leader.

Here's the problem with sliming good friends while cozying up to North Korea's Kim Jong Un, Russia's Vladimir Putin and the world's other outsized villains: Your best friends start to hate you, and the villains are still villains.

Trump stubbornly refused to prepare for his nuclear summit with Kim in Singapore, just as he refused to prepare for the G7. The hugely complex nuclear issue is just a matter of "attitude," Trump believes. Now, that he's lowering expectations so furiously, what started as a promise to completely denuclearize the Korean peninsula is just a little getting-to-know-you time.

When the bar's that low, a handshake and a couple of grip-and-grin photos can be hailed as proof of a smashing success. Then again, given what just happened in Quebec, even that could get messed up.

Analysis

ELLIS HENICAN

Metro columnist Ellis Henican is the best-selling author of a dozen books. Join Ellis on Twitter @henican.

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Gunmen opens fire in North Philadelphia crowd, injuring 5

One of the victims was a 5-year-old boy, who was shot in the knee.

SARAH ANNE LUOMA
letters@metro.us

North Philadelphia police are investigating a shooting on Saturday night that left four adults and one child injured.

According to eyewitnesses and those injured in the shooting, at least four gunmen shot into a crowd of people on Saturday around 11 p.m.

"Everybody was just outside enjoying the nice weather," Philadelphia Police Capt. Frank Palumbo said.

The group of people were standing outside at the 2000 block of 20th Street near Susquehanna Avenue in North Philadelphia when the gunmen approached, shooting multiple rounds into the crowd. Two of the five victims are currently listed in critical condition.

Three of the suspects have been described as wearing dark hoodies while the fourth suspect was said to be wearing a light-colored hoodie.

"They fired into a crowd of people. There are about a total of 41 cartridge casings on the highway. So they deliberately fired into group," Palumbo said.

"They fired into a crowd of people. There are about a total of 41 cartridge casings on the highway. So they deliberately fired into the group."

Philadelphia Police Capt. Frank Palumbo

As reported by Action News, a 21-year-old was struck five times. Three men ranging in age from 41 to 48 were all shot once by the gunmen.

The fourth victim was a 5-year-old boy who was shot once in the knee. He has been listed in stable condition.

The suspects shot six rounds into the crowd at the party. WIKIMEDIA

"One officer quickly grabbed the 5-year-old child who was shot in the knee," Palumbo said following the shooting.

After shots were fired, the four suspected gunmen were seen fleeing the scene before the police arrived, heading westbound on Susquehanna Avenue, according to CBS.

The three men were immediately transported to Temple Hospital. The boy was brought to St. Christopher's Hospital and is expected to make a full recovery following the shooting.

North Philly Police are looking for the public's help in identifying the suspected gunmen.

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Philly police enforce summer curfew for youth

With the summer kicking off, Philadelphia police have reinstated a citywide curfew for minors.

A youth curfew was put back in place this past Friday with a focus on the South Street corridor, a location that has become a hotbed of crime and violence over the years for the officers at the 3rd District Precinct.

"Juveniles under 13 should be in the house by 10 p.m. and 13 to 17 should be in by midnight," Lt. Michael Goodson said.

According to several curfew posters placed around the city, the curfew will be strictly enforced and youth and parents who are in violation could be fined up to $300.

Minors who are found on the streets past curfew will be picked up by Philadelphia police and brought to police headquarters where their parents will be called to come in and pick them up.

Philadelphia police patrol the city streets. FACEBOOK

"I think it's a good idea; 13-year-olds should not be on South Street at midnight," South Philadelphia resident Kayla Quarles told CBS Philly.

Other Philly residents question the effectiveness of the curfew.

"It's not the 13-year-olds that are the problem, smashing bottles," said Sacoon Schultheis of South Philadelphia.

City police and city officials like Kathryn Ott Lovell, the commissioner of Philadelphia's Parks and Recreation Department, hope parents and guardians will keep the youth of the city busy and out of trouble this summer.

"Our rec centers are open all day, every day. They're open until 9:30 p.m. and 10 p.m. But even when there are not structured activities, there's an open gym, come in, cool off, hang out with friends."

SARAH ANNE LUOMA

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Philly Pride Parade and Festival 2018

Sunday was Pride day in Philly. @SAMDIORR

Sunday was the 30th anniversary of Philly's celebration of LGBTQ pride.

Rain couldn't stop the celebration on Sunday as thousands of supporters turned out for the 30th annual Philadelphia Pride Parade and Festival. The 1½-mile parade began on 13th and Locust and went all the way to Penn's Landing.

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the GRUMBLE

@metrophilly

Pat King
Grumble Editor

Can't we just ride the bus in peace? ISTOCK

Welcome to another week of Grumblings from the Grumble! Today we have two complaints from a couple of upstanding citizens each with their own specific ax to grind. Take it away!

PEOPLE USING THE HANDICAP ELECTRIC CARTS WHO DON'T NEED THEM.
I was grocery shopping recently and this mom had her child follow her around in one of the electric shopping carts made for handicapped people. The girl driving it was about 12 years old. She was doing spins around and around as I approached. Then as her mom walked forward through the aisle with to shoppers were on each side and the girl says ,"I can't get through." Both shoppers looked at the girl for being rude but moved their carts. I thought for sure the girl must have had a sore ankle but twice I saw her get off the cart and walk over to pick up cookies then cereal. Those carts are made for people who are handicapped; if everyone did this there would be no carts for the handicapped. Please be considerate and stay off the electric carts unless it's truly necessary. Thank You!
PS - I read the article today about the "Too Much Perfume." Far to often I'm gagging on people's cologne or perfume. please keep it to a minimum. Nothing worse than getting on an elevator and gagging on perfume, you are trapped in there. - **Brian Brown**, *Metro New York reader*

Tell us what you think!
@metrophilly

THE BUS SHOULD BE RESERVED FOR QUIET TIME
I think it's real disrespectful when people on the bus have to entertain the whole bus with their loud phone/face to face conversation. Why should everyone have to hear your arguments and cursing? There should be a rule that at certain times on the bus there should be quiet time. It wouldn't stick just wishful thinking.
#WorldOfIgnorance
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- **Bianca Marie**, *Metro US reader*

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The winning caption from Bernadette Jackson, *Metro New York reader*

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Aries Keep your eye on the ball when dealing with people who tend to use persuasive charm, wit and deceptive verbiage to lure you into something you should probably walk away from.

Taurus Emotions are running high and should be channeled into something beneficial. Sharing with someone you love, and improving your surroundings are highlighted.

Gemini An aggressive approach when dealing with others will be taken the wrong way. Offer solutions that are difficult to refuse. Don't let your impulsiveness take the reins.

Cancer If you take every opportunity you get to help someone, you'll get something unexpected in return. A window of opportunity will soon open. Personal gain is apparent.

Leo Be careful how you handle others, especially in a work environment. Overreacting will bring about unwanted change and plenty of questions. Remain calm and take care of business.

Virgo Take advantage of every chance you get to learn something new. Bring about a change that will help secure your position or stabilize your lifestyle or an important relationship.

Libra Make the first move. Stop procrastinating and speak up about your intentions and plans. Listen to people's concerns, but follow what you feel is in your best interest.

Scorpio Personal changes should be made. Whether you are updating your image or altering a personal relationship, the results will turn out better than anticipated.

Sagittarius Question what you hear. Go to the source if you feel unsure of a developing situation. Be willing to talk matters through until you resolve any outstanding issues.

Capricorn Don't hesitate to get involved in something you find interesting or intriguing. Consider the best way to turn someone else's negative into a positive. Make choices based on experience.

Aquarius Emotional matters will escalate quickly if you or someone close to you overreacts or behaves indulgently. Use your intellect to deal with matters that could affect an important relationship.

Pisces How you help others will make a difference. Make sure you are clear regarding what's entailed and what you will receive in return. Don't put up with lip service or evasive answers. EUGENIA LAST

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The swinging deck chairs during construction at the Rail Park, opening on June 14. ALL PHOTOS PROVIDED

Phase one of Philly's new Rail Park is finally here

Celebrate the opening with drink specials, pet adoptions and more

MADELINE PRESLAND
letters@metro.us

Plan on heading to Callowhill this week to be among the first Philadelphians to see Rail Park and celebrate at neighboring restaurants.

Philly's newest beautiful park officially opens at a ribbon cutting ceremony at 11 a.m. Thursday June 14, and it's just the beginning of a much anticipated expansion project that has been more than five years in the making. Phase one, part of the Viaduct section of the park, will have a quarter mile of gorgeous landscaped paths, large swinging porch chairs and beautiful views of the city. By the end, the 3-mile elevated park will be double the size of New York City's famous High Line. But beauty and grandeur aren't the only goals.

"The railroad was such an important part of the city's history," says Friends of the Rail Park Executive Director Kevin Dow. "We want to protect the built and natural environment, while reclaiming a historical piece of land."

The first section of the park will be open 24/7, and the surrounding Callowhill neighborhood is ready to celebrate.

Cheers to the park

Stop by Prohibition Taproom (501 N. 13th St.) to toast the park before or after its opening with a $10 drink special running all week. The Rusty Spike is a cool sip to savor with rum, gin, drambuie, strawberries and grapefruit. Drink proceeds will be donated to Friends of the Rail Park.

Cocktails and pet adoptions

Go Go and whiskey bar The Trestle Inn (339 N. 11th St.), just down the street from the park

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Cafe Lift's Rail Pork Panino sandwich. JEN BRAGEN

entrance, are hosting an especially adorable opening party from 5 p.m. to 9 p.m. on Thursday evening. Meet adoptable dogs from the Philadelphia Animal Welfare Society, Saved Me and the Animal Care & Control Team of Philadelphia. Quench your thirst with half-off drafts or $6 Rye'd the Rails cocktails made with Jack Daniels Tennessee Rye, aperol and dry vermouth.

Not just a picnic sandwich

Fun requires fuel. The Rail Pork Panino is available from brunch and lunch restaurant Cafe Lift (428 N. 13th St.) all this week. Try the special with slow-roasted pork, sautéed greens, smoked mozzarella, sundried tomato pesto and a fried egg for $13. Profits will be donated to the park organization.

Prohibition Taproom's summery cocktail special packs a punch with three liquors with fresh strawberries JEN BRAGEN

There's always time for pizza

Bufad (1240 Spring Garden St.) pulls out all the stops with the $16 special Spring Garden Pizza and contributing donations to the park this week. The summery white pizza has almond pesto, fava beans, peas, pickled shallot, pea and fava tendrils, and pecorino Romano.

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Mr. Rogers with his postal pal, Mr. McFeely.
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Fred Rogers was a struggling, tortured artist

Director Morgan Neville talks us through his documentary, "Won't You Be My Neighbor."

GREGORY WAKEMAN
Gregory.Wakeman@metro.us

"Won't You Be My Neighbor" could easily have been just a throwback trip that pulled at the heartstrings of its viewers, most of whom grew up with Fred Rogers and his beloved children's television show "Mister Rogers' Neighborhood."

But writer and director Morgan Neville wanted to go deeper.

"I didn't want to make a nostalgia piece," Neville tells Metro. "Nostalgia is nice, but it is fast food and it doesn't ask much of the viewer. … I wanted the film to be about ideas.

"The things he was talking about are the most fundamental, basic issues of how we should live together in a society," he adds. "What kind of neighbors are we going to be? How do we treat each other? How do we treat ourselves?"

Neville is well aware that "Won't You Be My Neighbor" comes at a time when these ideas "feel under threat," which is exactly why it is so necessary.

"Hearing Fred Rogers' voice now as an adult, and some of the speeches he gave, that made me realize, 'That's a voice we need today. Where's that type of voice in our current cultural dialogue?' I am very curious about where the grown-ups in our culture are," Neville says. "Because to him, civility and kindness and neighborliness were not quaint notions like unicorns and rainbows. They were like oxygen. They had to be appreciated and nurtured.

"And if you don't, then they don't necessarily last," Neville adds. "And I think that we live in a time where that is taken for granted. We assume that the social compact will always hold. And I am not so sure."

"Fred was really an auteur … he took an auteur approach to what he created, and every element he controlled. He was a perfectionist."

While "Won't You Be My Neighbor" highlights Rogers' unique voice not just in comparison to now but in comparison to the whole of TV history, it also exposes the skill, heart, intelligence and craftsmanship he put into the show.

"Fred was really an auteur," Neville says.

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"Won't You Be My Neighbor" examines the life and legacy of Fred Rogers.

Everyone loves Mr. Rogers.

"He took an auteur approach to what he created, and every element he controlled. He was a perfectionist."

"Every little detail had to be perfect. It seemed so simple," he adds. "But it was simple and deep. And people mistake simple for superficial. It was all so considered. That's the thing that people didn't pick up on."

The quaint and simplistic nature of "Mister Rogers' Neighborhood" often meant that its depth, quality and artistry was overlooked. Even by Rogers himself.

"Fred was kind of a tortured artist. Fred was full of doubt and insecurities," says Neville. "There were a lot of letters when he was young, but even him on his death bed asking, 'Was I a sheep or a goat? Did I measure up?' You would have thought that of anybody in the world Mr. Rogers would have felt like he had accomplished enough."

The beloved TV star was a pioneer for children's programming.

Neville says he believes these doubts pushed Rogers to reach the heights he did.

"If he had felt like he had accomplished enough then he probably wouldn't have done all of this work. I think his doubts were what drove him to work as intensely hard as he did for 50 years," Neville says. "I do think that the human struggle was what I wanted to capture. If there was ever a character that I could sanctify it was Mr. Rogers. But it was really important to me that he struggled."

"Won't You Be My Neighbor" is now in theaters.

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Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **June 21, 2018 @ 9:00AM** at the Safeguard Self Storage facility located at **1499 66th Avenue Philadelphia, PA 19126.** The personal goods stored in the following space numbers by the following tenant(s):

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 # 1119 Barbara Hyman, # 1301 Almichelle Bethel, # 1306 Barbara Hyman, # 2001 Elizabeth Alvarez, # 2107 Andraya Lee, # 2226 Fatima Martin, # 2321 Terena Bertha, # 2413 Cornell Hite, # 2420 Kaia Ramsey, # 2506 Ashley Austin, # 3116 Nekisa Timmons, # 3209 Davita Young, # 3415 Glynise Johnson, # 3602 Antione Johnson, # 3616 Yvonne Strickland

Purchases must be made with cash only and paid at the time of sale. All goods are Sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage Management, Inc.

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Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **6/21/18** at **11AM** at the Safeguard Self Storage facility located at **1221 N Broad Street, Philadelphia PA 19122.** The personal goods stored in the following space numbers by the following tenant(s):

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Suzanne Becker Unit #4404 • Maurice Berry Unit #3114 • Jacqueline Covington Unit #3215 • Jacquline Covington Unit #3215 Cathleen Giddings Unit #0310 • Saleena Harris Unit #3118 • Paula Helfers Unit #2110 • Paula Helfers-Lariva Unit #2110 Michelle Lee Unit #4322 • Michele Peoples-Lee #4322 • Genin Modest Unit #3610 • Monty Terrell Unit #A4212

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Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **June 21st, 2018 @ 10:00AM** at the Safeguard Self Storage facility located at **6224 Germantown Ave Phila. PA 19144.** The personal goods stored in the following space numbers by the following tenant(s):

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#0120 - Ernest Richardson, #0326 - Clinton Martin, #1205 - Dianne Canery, #1237 - JoAnn Ryan, #2312 - Shaeedah Lofton, #2425 - Kenny Fordham, #2503 - Eleanor Macchia, #2703 - Craig Henry

Purchases must be made with cash only and paid at the time of sale. All goods are Sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage Management, Inc.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **June 21, 2018** at **1PM** at the Safeguard Self Storage facility located at **3300 Frankford Avenue Philadelphia, PA 19134.** The personal goods stored in the following space numbers by the following tenant(s):

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#4528 - Loreal Lopez, #1109 - Halton Butler, #2701 - John Chapman, #3422 - Esther Escobar, #2713 - Keith McNair, #3319 - Sharon Moore, #2401 - Yarimar Ocasio, #3714 - Jennifer Perez, #1504 - Nautika Riquelmy, #2712 - John Walker, #2411 - Benjamin Williams

Purchases must be made with cash only and paid at the time of sale. All goods are Sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage Management, Inc.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **June 21, 2018 @ 12:00PM** at the Safeguard Self Storage facility located at **830 East Hunting Park Ave., Phila., PA 19124.** The personal goods stored in the following space numbers by the following tenant(s):

safeguard self storage

#1106-Jose De La Cruz #2311-Anthony Martinez #3526-Christopher Marziani #3340-Heriberto Moran #3801-Angeliz Neris #1313-Christian Perez #3335-Amanda Rodriguez

Purchases must be made with cash only and paid at the time of sale. All goods are Sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage Management, Inc.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **June 21 2018 @ 2:00PM** at the Safeguard Self Storage facility located at **6371 Keystone Street Phila, PA 19135.** The personal goods stored in the following space numbers by the following tenant(s):

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#0301 Sharnita Newman, #1613 James Lee Jr., # 2136 Saran T Murray, #2213 Joseph Rambo, #2229 Felicia Harrison, #2327 Jonathan Clemente, #2711 Anthony Baylock

Purchases must be made with cash only and paid at the time of sale. All goods are Sold as is and must be removed at the time of purchase. Sale is subject to adjournment.

Can the show recover from losing Danny Masterson? GREG GAYNE/NETFLIX

What will Netflix's 'The Ranch' look like without Danny Masterson?

The actor's final episodes on the hit series are about to stream.

ANDREW HUSBAND
letters@metro.us

Part five of the Netflix series "The Ranch," which stars Ashton Kutcher, Debra Winger, Sam Elliott and Danny Masterson as the Bennetts, a family of Colorado ranchers, is about to debut.

This is significant to the interested and uninterested alike because the new batch of episodes will also be the last for Masterson and his character, Rooster.

The how and why of Rooster's departure won't be explained until the first chunk of "The Ranch" season three drops June 15, but the reasoning behind Masterson's exit is clear. Last December, Netflix cut ties with the actor nine months after three women accused him of rape. His accusers also claimed the Church of Scientology, of which Masterson is a member, had tried to silence them in order to protect the actor.

"As a result of ongoing discussions, Netflix and the producers have written Danny Masterson out of 'The Ranch,'" read an official statement. "Yesterday was his last day on the show and production will resume in early 2018 without him." Meanwhile, the actor defended himself, saying he was "very disappointed in Netflix's decision" while insisting he had "never been charged with a crime, let alone convicted of one."

Masterson's scandal notwithstanding, what will "The Ranch" look like once Rooster is gone? While Kutcher's character Colt, the semi-pro football player who returns home, is the central character, his family and friends round out a fun ensemble that's just as integral to the story.

Whether it's his on-again, off-again parents, Beau (Elliott) and Maggie (Winger), or older brother Rooster (Masterson) and his high school sweetheart, Abby (Elisha Cuthbert), Colt's world is big. If any one piece is missing, the story will have to compensate in a manner that sticks to the show's formula, yet doesn't feel cheap.

Rooster was equal parts comic fodder and dramatic foil for Colt, so if the Masterson-less "The Ranch" wants to continue with the same successful sitcom structure, the showrunners will need to replace it with something similar. A character, and an actor, who will offer audiences something familiar and new at the same time.

Enter Dax Shepard. Back in March, Netflix announced the comedy actor had been cast in a recurring role for the second half of season three. Deadline revealed the casting but stressed it wasn't meant to fully replace Masterson. Entertainment Weekly confirmed the news, saying Shepard would play "Luke Matthews, a former soldier who has ties" to the family's ranch.

Whether Luke's "ties" are personal (he's an old friend of Colt's) or professional (he worked as a ranch hand for the Bennetts in Colt's absence) doesn't matter. All regular "Ranch" viewers will care about is if he is able to fill the slot vacated by Rooster. If Shepard's performance and the writers' storylines manage to help subscribers forget about Masterson altogether, however, Netflix probably won't mind.

Part 5 of "The Ranch" debuts June 15 on Netflix.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **June 21, 2018 @ 3PM** at the Safeguard Self Storage facility located at **1333 Rhawn Street Phila. PA 19111.** The personal goods stored in the following space numbers by the following tenant(s):

safeguard self storage

#3402-Amira Spivey, #3202-Tiana Tolbert, #2603-Alla Moyseyenko, #2518-Latasha Hinnant, #1801-Katelyn Bell, #1105-Carmella Kelly, #1602-Jaysen Rose

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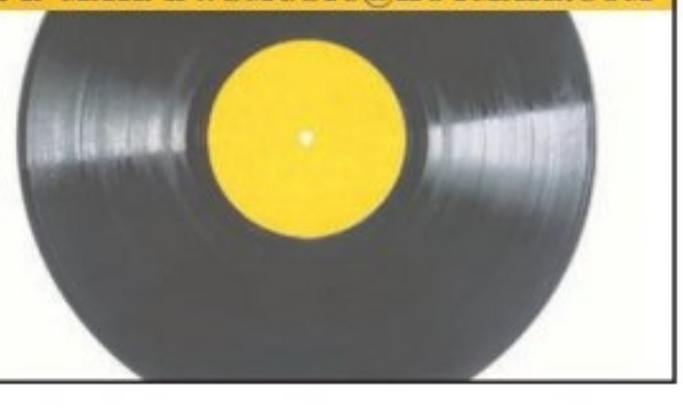


What you don't know about Prohibition

Ahead of a new documentary series about America's Noble Experiment, we found some fascinating facts about one of our nation's most controversial eras.

EVA KIS
eva.kis@metro.us

The polite name for Prohibition is the Noble Experiment, and we can pretty much agree that beyond giving us the still-trendy speakeasy, it was a failure.

Nevertheless, the full story of the period from 1920 to 1933 is one of the wildest in American history, and the Smithsonian Channel is exploring it in a new documentary series Drinks, Crime and Prohibition. Premiering tonight at 8 p.m., the series traces how the temperance movement led to anything but improving America's moral character, with expert voices ranging from academics to mixologists and weapons experts.

Although it ended almost a century ago, the effects of Prohibition continue to linger. So what do you really know about this scandalous period of U.S. history? We asked the Smithsonian's National Museum of American History curator Peter Liebhold to share some surprising facts about the Prohibition era.

There were many loopholes during Prohibition — you could get a prescription for alcohol!
ALL PHOTOS COURTESY OF THE SMITHSONIAN CHANNEL

The slippery slope of nationalism

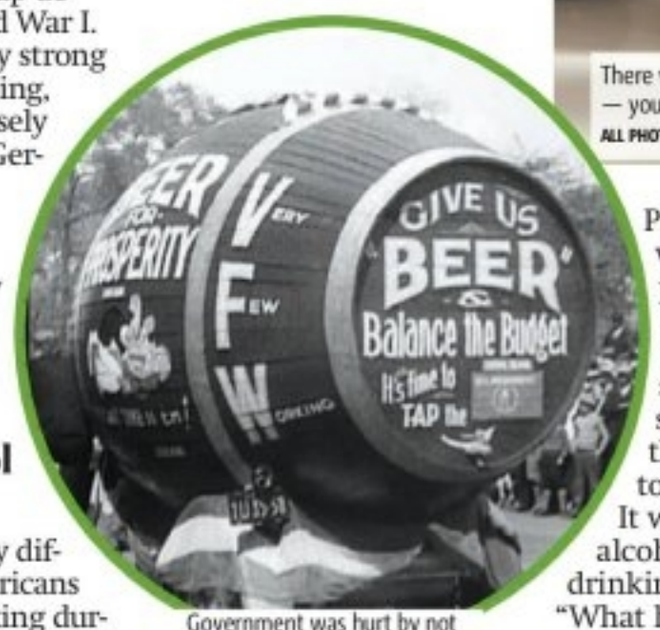
It was a "strange alignment of different bedfellows" that contributed to the passage of Prohibition, but "the coup de grace" was World War I. "There was a very strong anti-German feeling, and beer was closely associated with Germany," explains Liebhold. "The anti-German movement really put the temperance movement over the top."

Not all alcohol was illegal

There were many different ways Americans could keep drinking during Prohibition. Home production of wine was legal — male heads of household could produce up to 200 gallons a year. Sacramental wine remained legal for church rituals, but consumption for other reasons also increased dramatically. And best of all, "Doctors would prescribe a pint of whiskey as medicine," he says. Sounds legit!

It was partly an anti-immigrant move

"Prohibition was very much of an anti-immigrant movement," Liebhold says. For those with money, getting alcohol during Prohibition was a "pretty straightforward" process. But just before Prohibition the number of saloons had swelled to 300,000, which is where working-class immigrant men went to drink. Shutting them down was an effort to "regulate the life of immigrants, to Americanize them."



Government was hurt by not collecting alcohol tarrifs.

Cocktail culture flourished

While cocktails were invented in the late 1800s, they really took off once Prohibition began. "As soon as you have unregulated alcohol production, you lose a lot of quality," Liebhold says. To cover up the taste of poorly refined alcohol, bartenders had to get creative when mixing drinks by using stronger flavors, though the cocktails were often very sweet and juice-heavy.

The real danger of speakeasies

It was only illegal to manufacture, transport and sell alcohol during Prohibition. It wasn't arrest that patrons at one of the hundreds of thousands of speakeasies that sprang up around the country had to worry about. It was whether the alcohol they were drinking was safe. "What happened during Prohibition is the bootleggers hired chemists to re-nature industrial alcohol," he says. People really did go blind and even die from bathtub gin.

Gangsters were heroes

Originally enacted to improve America's moral character, Prohibition ended up fueling the rise of organized crime. Some Americans, angry at their individual freedoms being infringed on, revered violent gangsters like Al Capone for defying the laws. Meanwhile, Capone stayed out of trouble by flying politicians down for booze-filled weekends in Havana.

The bar scene moved offshore

Partying on a boat wasn't a seasonal affair during Prohibition. The laws only applied up to 3 miles offshore, where boats that were essentially just giant floating bars and liquor stores lined up. There was even a cocktail named the Three Mile Limit!

Al Capone (center) would entertain politicians at bars in Havana.

SPORTS

2018 World Cup Preview: Group D

JOE PANTORNO
joseph.pantorno@metro.us

ARGENTINA

"LA ALBICELESTE"

TIMES QUALIFIED: 17
LAST APPEARANCE: 2014
BEST FINISH: WINNERS ('78, '86)
WORLD RANKING: 5th

THE STAR
LIONEL MESSI
CLUB TEAM
BARCELONA (ESP)

Another World Cup heaps an entire nation's hopes on the shoulders of the greatest soccer player in the world: Lionel Messi.

While many believe he should be in discussions with Pele as the greatest ever, Messi's inability to haul in any kind of silverware for Argentina on the international stage, including a runner-up finish in the 2014 World Cup to Germany, is one true blemish in a legendary résumé.

Argentina is expected to go plenty far in Russia with the likes of Sergio Aguero, Gonzalo Higuain and Angel Di Maria offering support for the talisman.

GROUP D SCHEDULE

JUN. 16, 9 AM
ARGENTINA v. ICELAND

JUN. 16, 3 PM
CROATIA v. NIGERIA

JUN. 21, 2 PM
ARGENTINA v. CROATIA

JUN. 22, 11 AM
NIGERIA v. ICELAND

JUN. 26, 2 PM
NIGERIA v. ARGENTINA

JUN. 26, 2 PM
ICELAND v. CROATIA

FIFA WORLD CUP
RUSSIA 2018
03 DAYS

CROATIA

"THE BLAZERS"

TIMES QUALIFIED: 5
LAST APPEARANCE: 2010
BEST FINISH: 3rd (1998)
WORLD RANKING: 18th

THE STAR
LUKA MODRIC
CLUB TEAM
REAL MADRID (ESP)

Croatia will be exhibiting a new look at the 2018 World Cup. While talented playmaker Luka Modric will still carry the team, he will playing in more of advance role up the pitch.

That means he will have less time on the ball, but the hope is that his presence will open things up for Croatia's attacking members, like Barcelona man Ivan Rakitic and striker Mario Mandzukic.

At the back, Liverpool's Dejan Lovren anchors Croatia's defense, which is the side's weakest aspect.

ICELAND

"OUR BOYS"

TIMES QUALIFIED: 1
LAST APPEARANCE: N/A
BEST FINISH: N/A
WORLD RANKING: 22nd

THE STAR
GYLFI SIGURDSSON
CLUB TEAM
EVERTON (ENG)

Even though this is Iceland's first appearance at a World Cup and they will be the smallest nation to ever take part in the competition, this is a side with realistic aspirations to make it out of Group D.

Iceland were the darlings of the 2016 European Championships, making a Cinderella run to the quarterfinals.

This will be a strong defensive side with counterattacking capabilities that will rely on Gylfi Sigurdsson, who will have free reign up top.

NIGERIA

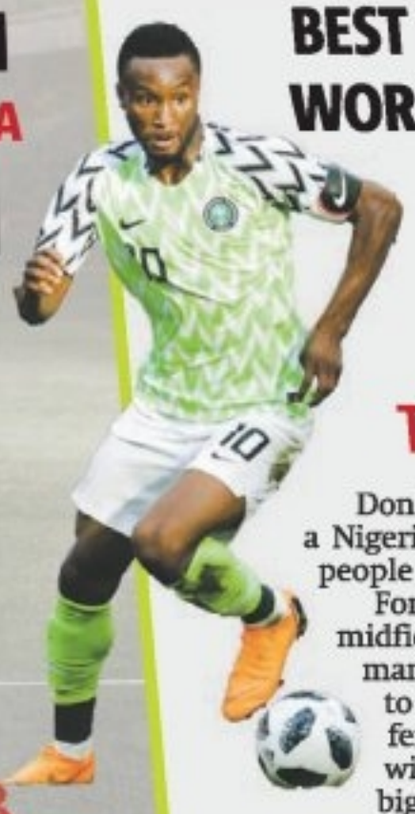
"THE SUPER EAGLES"

TIMES QUALIFIED: 6
LAST APPEARANCE: 2014
BEST FINISH: 9th (1994)
WORLD RANKING: 47th

THE STAR
JOHN OBI MIKEL
CLUB TEAM
TIANJIN TEDA (CHN)

Don't let the ranking fool you, this is a Nigeria team that could surprise some people this month in Russia.

Former Chelsea man and veteran midfielder John Obi Mikel is the foreman of Nigeria's side and will be key to transitioning his side's strong defense to a weak attack that will need winger Victor Moses to step up in a big way to support the lone striker Odion Ighalo.



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Costly Joint-Pain Injections Replaced By New $2 Pill

New pill boosts the same lubricating joint fluid as expensive and painful injections - without using a needle. Users report dramatic relief from swelling, pain and stiffness without side effects and expense.

By Jack Isler, M.D.
Health News Syndicate

HNS—A popular needle injection for people with joint pain is now available in an inexpensive nonprescription pill. The breakthrough came when researchers discovered a way to deliver the injected "relief molecule" through the digestive system.

Top US clinics have used these needle injections for years because they deliver powerful relief. Unfortunately, the shots are painful and expensive. They also only work on the joint being treated.

The new pill, called Synovia, delivers the same "relief molecule" as the injections. However, it has some impressive advantages. First, it's inexpensive and nonprescription. Also, relief is delivered to every joint in the body because it enters the bloodstream through the digestive system.

This gives it the ability to reduce a much wider variety of pain. Users report greater flexibility and less stiffness in their knees. Hands and shoulders move pain-free for the first time in years. Even neck and lower back pain improve dramatically.

All this without spending over $600 on needle injections and taking trips to the doctor every week.

The medical community is very excited about this new breakthrough. Dr. Jacob Moss says, "Synovia is a great option for those suffering from joint pain. Injections are usually a last resort because of the pain and expense. However, Synovia should be taken at the first sign of discomfort."

New Discovery

The needle injection procedure has been given to hundreds of thousands of patients over the last several years.

Doctors use the shots to boost a critical element of the joint called synovial fluid. This lubricating fluid is found between the cartilage and bones of every joint.

According to the firm's head of R&D, Mike McNeill, "Researchers have been working for years to find a way to boost this fluid noninvasively. The problem was the molecule used in the injections was too large to absorb into the bloodstream."

Top scientists conquered this obstacle by finding a smaller form of the same molecule. This new glucose form is easily absorbed by your stomach and intestines!

Now those who suffer from joint pain can get relief without painful injections. At less than $2 per day, early users like Steve Young are impressed. He says, "I've tried more pills than I can count, without any luck. Synovia is different. My knees and hands haven't felt this good in years!"

Impressive Clinical Results

Leading clinics use injection therapy because it works. Recent clinical trials show the pill form also delivers major relief.

One example is a landmark study out of Europe. In the study the active ingredient in Synovia was compared to a popular NSAID pain reliever. The goal was to see if it could reduce pain and swelling around the knee. The results were incredible!

After just 30 days, more than 8 out of 10 people who took Synovia's active ingredient had NO swelling. However, only 2 out of 10 people who took the NSAID experienced reduced swelling.

The study also looked at cases of severe swelling. Amazingly, zero cases of severe swelling were detected in the group taking the active ingredient found in Synovia. This means it was 100% effective for the cases of severe swelling!

In contrast, 9 out of 10 people taking the NSAID still had severe swelling. McNeill points out, "The impressive thing about this study is the active ingredient wasn't tested against a fake pill. It was up against one of the most popular NSAIDs people use every day. It's easy to see why people in pain are excited to get relief without an injection."

The New Way It Delivers Relief

Getting relief without injections has big advantages. The most obvious is avoiding being stuck by a large needle every week for 5 weeks.

Another downside of injections is the doctor can "miss". The needle needs to be inserted into a precise spot in the joint to work. Otherwise, you risk the treatment being ineffective.

However, boosting your lubricating joint fluid by taking a pill delivers relief to all your joints, not just one.

There's an additional reason the active ingredient in Synovia works so well – it nourishes the cartilage.

McNeill says, "This is vital because cartilage does not have blood vessels. The fluid in the joint serves two very important pain-relief roles: lubrication and giving the cartilage the nutrients it needs to start re-growing."

NO MORE NEEDLES: A popular needle injection pain-killer for joint pain is being replaced. The key molecule in these injections can now be delivered by taking a new low-cost pill called Synovia.

Approved By Leading Doctors

The new delivery system for this molecule has caught the attention of leading medical doctors.

"Needle injections for joint pain have been around for years because they work. Being able to get the same relief molecule through a pill is amazing. Injections may be a last resort, but I'd recommend Synovia at the first sign of pain," said Dr. Marie Laguna.

Dr. Gerardo Pereira, a renowned surgeon from Florida says, "Injections aim to boost synovial fluid, which lubricates the joint. Those suffering from joint pain usually have very little of this fluid. Synovia helps relieve pain by boosting this key lubricant without needles."

Dr. Moss adds, "The research behind the active ingredient in Synovia is very exciting. This product is a great choice for those who haven't had success with other joint pain treatments."

110% Money Back Guarantee

Amazing feedback from users of Synovia has generated a wave of confidence at the company. So much so that they now offer Synovia with a 110% money back guarantee.

The company's president, Michael Kenneth says, "We've seen how well it works. Now we want to remove any risk for those who might think Synovia sounds too good to be true."

Simply take the pill exactly as directed. You must enjoy fast acting relief. Otherwise, return the product as directed and you'll receive 100% of your money back plus an extra 10%.

How To Get Synovia

Today marks the oficial release of Synovia in Pennsylvania. As such, the company is offering a special discounted supply to everyone who calls within the next 48 hours.

A Regional Order Hotline has been set up for local readers to call. This is the only way to try Synovia with their "110% money back" guarantee.

Starting at 6:00 am today the order hotline will be open for 48 hours. All you have to do is call TOLL FREE 1-888-745-9029 and provide the operator with the special discount approval code: SYN18. The company will do the rest.

Current supplies of Synovia are limited, and callers that don't get through to the order hotline within the next 48 hours may have to pay more and wait until more inventory is produced. This could take as long as 6 weeks.

BEFORE: No lubricating fluid or cartilage leads to painful bone-on-bone rubbing.

AFTER: Synovia's active ingredients lubricate joints and nourish cartilage so it can re-grow!

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD TNE DRUG ADMINSTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE. ALL DOCTORS MENTIONED ARE REMUNERATED FOR THEIR SERVICE. ALL CLINICAL STUDIES WERE INDEPENDENTLY CONDUCTED AND WERE NOT SPONSORED BY MAKERS OF SYNOVIA.

Wooing LeBron James, right, is the top priority for the Sixers right now. GETTY IMAGES

Sixers with no choice but to move on after fiasco

The 76ers are currently a rudderless ship with free agency on horizon.

ANDY JASNER
sports@metro.us

On Allen Iverson's 43rd birthday, the Philadelphia 76ers were reeling from what had to be one of the most embarrassing off-the-court situations in franchise history.

With terms like "forensic consultants" and "burner Twitter accounts," the Sixers dismissed President of Basketball Operations Bryan Colangelo on Thursday. The law firm of Paul, Weiss, Rifkind, Wharton & Garrison LLP determined that Colangelo was held responsible in connection to the Twitter handles, though his wife Barbara Bottini admitted to running the burner accounts.

When the story first broke at The Ringer, reaction quickly spread throughout the Delaware Valley and across the country.

Colangelo immediately called Joel Embiid when the story began to spread, claiming his innocence. Clearly, the investigation proved otherwise.

The Sixers had no choice. They had to dismiss Colangelo.

While Sam Hinkie has a legendary following, he tanked season after season – 75 wins in four seasons to be exact. To take losing to such a degree was awful. To learn what happened under Colangelo's watch is even worse.

The Sixers are trending up. Finally. They went from 10 wins to 28 and 52 this past season with a first-round playoff victory in five games over the Miami Heat. However, they did fall to the Boston Celtics in five games in the Eastern Conference semifinals.

There is a core group in place with Embiid, Ben Simmons and possibly Markelle Fultz if he can regain the success he had at the University of Washington.

There is also the chance of adding LeBron James or Paul George in free agency or even acquiring Kawhi Leonard.

Furthermore, Brett Brown is the right coach to guide this franchise to its first championship since the 1982-83 season.

The front office now needs stability.

Howie Roseman proved what can happen with the Philadelphia Eagles. He got it done.

As the team's owner, Josh Harris is in charge of what ultimately shakes out with regards to the Sixers' future. He needs to act as soon as possible despite saying at a hastily arranged press conference that the organization will take its time. The Sixers need a general manager or president now.

Although still two weeks away, the draft is inching closer.

Free agency is right behind on July 1, and the idea of adding James is incredibly exciting. It's like the Sixers adding Moses Malone to a team that already had Julius Erving, Andrew Toney, Maurice Cheeks and Bobby Jones. Moses put them over the top with a parade down Broad Street.

James can do the same with this current group of Sixers.

Try to imagine that opening night of the 2018-19 season. Wow. Just wow.

The Sixers have to move as quickly as possible to distance themselves from Bryan Colangelo. And Jerry Colangelo, too, who is still signed as a consultant.

There are enough quality basketball people out there to not draw this out.

What happened was embarrassing. There's no other way to put it. The Sixers should instead be celebrating Iverson's birthday and the future of the franchise.

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Principal investigator: Ignacio Tapia, M.D.
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Court of Common Pleas for the County of Philadelphia, May term, 2018, No. 8409.

Notice is hereby given that on May 7, 2018, the petition of: Sharene C. Nash was filed, praying for a decree to change Kiyani Dior James name to: Qiyani Dior Nash. The Court has fixed court date July 12, 2018, at 9:00AM, in Room No. 3C, 1501 Arch Street, 4th Floor, Phila, PA for hearing. All persons interested may appear and show cause if any they have, why the prayer of the said petition should not be granted.

Solicitor: Douglas P. Earl Esquire 1015 Chestnut Street, Suite 902 Philadelphia, PA 19107

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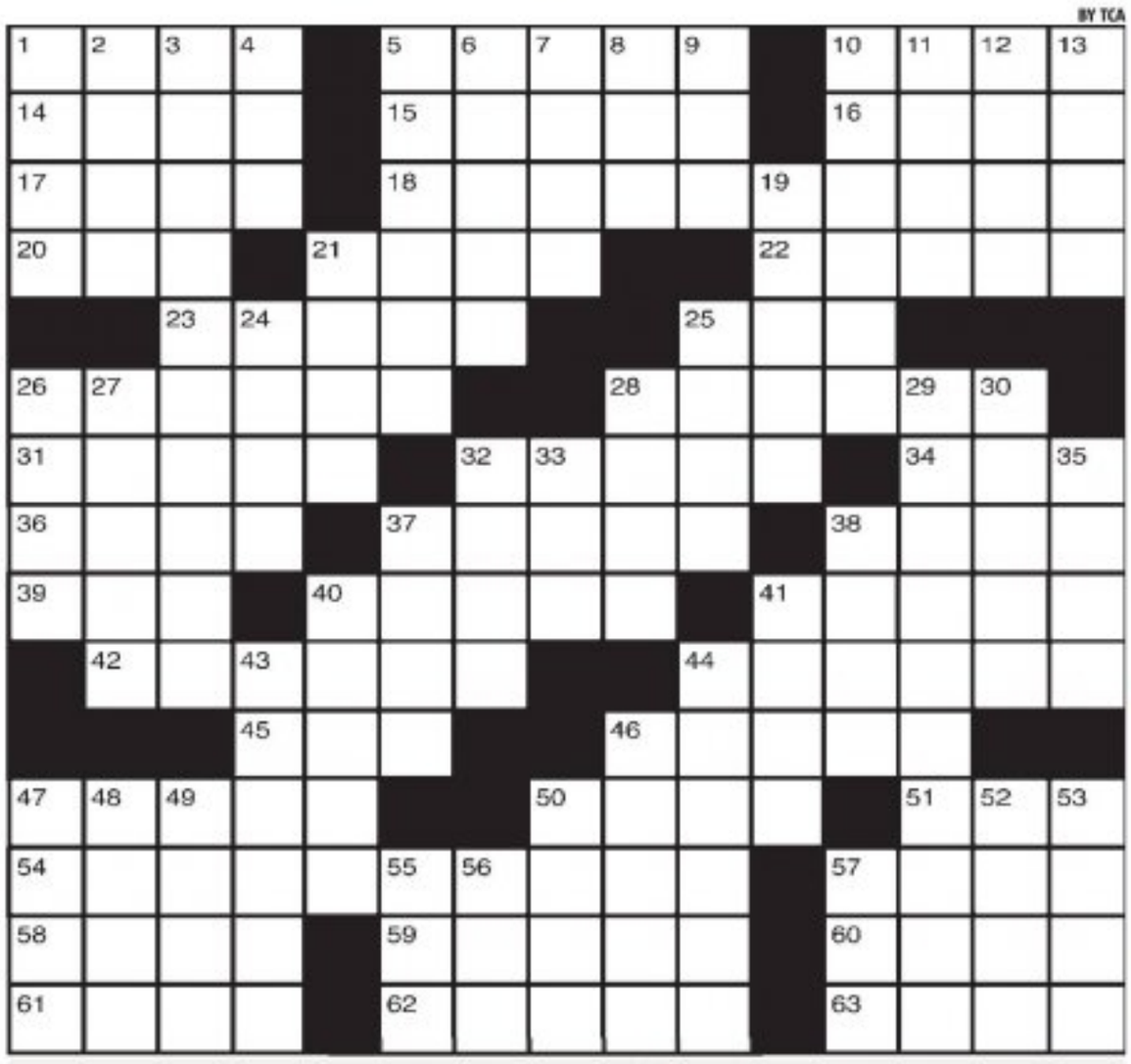

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5 Relative by marriage
10 "W" on a light bulb
14 Per person
15 Slip knot
16 Add to the payroll
17 __ or false test
18 Angels' home
20 Everyone
21 Fouts and Aykroyd
22 Beginning
23 Stratagems
25 One of the Seven Dwarfs
26 Sticks for conductors
28 Says hello to
31 Grown-up
32 Wander away
34 Mai tai ingredient
36 Brownie troop member
37 Short-tailed weasel
38 Challenge
39 Notice
40 Scale
41 Door hanger's piece
42 Loan shark
44 __ hound; short-legged hunting dog
45 Just invented
46 Japanese dish
47 __ mall; row of stores
50 "__ Noon"; classic Gary Cooper film
51 Final-year students: abbr.
54 Sickening
57 Store away
58 Too
59 "Home on the __"
60 Smidgen
61 Singer Campbell
62 Silenced, as a TV
63 Small card

DOWN

1 "__ Smile Be Your Umbrella"
2 Chief Justice __ Warren
3 "Pieta" and "The Thinker"
4 Feminine pronoun
5 Dental fillings
6 Lunch hours
7 Team defeat
8 Cool __ cucumber
9 Actress Ming-Na __
10 From what place
11 Has a bug
12 Sycamore or spruce
13 Trial run
19 Like toasted marshmallows
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24 Lounge about
25 Word of mild disgust
26 Works in a grocery store
27 Foreign farewell
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32 Mix with a wooden spoon
33 Cruise, for one
35 Encounter
37 Murdered
38 Platter
40 Thin pancake
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43 In __; as one
44 Annoyed
46 Scorch
47 Unexpected obstacle
48 Over seven feet
49 Trick
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